



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	Onion soup with cheese croutons (V) CO2 Wert/Port.: 118g Energie pro Portion: 248 kJ, 59 kcal 3,90 €	Zucchini soup Chives (VN) CO2 Wert/Port.: 73g Energie pro Portion: 299 kJ, 72 kcal 3,90 €	Clear ginger soup with vegetables and lemon grass (VN) CO2 Wert/Port.: 28g Energie pro Portion: 79 kJ, 19 kcal 0,00 €	Cold pea soup Croutons Chives (VN) CO2 Wert/Port.: 71g Energie pro Portion: 490 kJ, 117 kcal 3,90 €	Quiche Lorraine with bacon and onions (S) Small salad (V) CO2 Wert/Port.: 620g Energie pro Portion: 1606 kJ, 383 kcal 5,60 €
Plant Based	Spring onions (VN) Mozzarella (VN) Black olives (VN) Tomato sauce (VN) Grilled zucchini (VN) Baked polenta slice (VN) CO2 Wert/Port.: 446g Energie pro Portion: 1632 kJ, 391 kcal 12,00 €	Pico de Gallo, Vegetable-Chutney (VN) Guacamole (VN) Baked potato (VN) Fajita style vegetables sour cream (VN) CO2 Wert/Port.: 514g Energie pro Portion: 2880 kJ, 687 kcal 9,00 €	Andes Bowl Black Beans Tomatoes Corn Avocadovayo Quinoa (VN) CO2 Wert/Port.: 583g Energie pro Portion: 2626 kJ, 628 kcal 9,00 €	Quinoa Rice Ppototi Vegetables Paprika Dip Flaxseed Chives (VN) CO2 Wert/Port.: 488g Energie pro Portion: 1965 kJ, 471 kcal 9,00 €	Pasta with beluga lentils, mushrooms and Pangrattato (VN)  CO2 Wert/Port.: 311g Energie pro Portion: 2072 kJ, 495 kcal 9,00 €
Pan Asia	Chicken teriyaki with rice and asia vegetables (G) CO2 Wert/Port.: 803g Energie pro Portion: 2220 kJ, 525 kcal 13,90 €	Green Thai Curry Pork Strips Rice Noodle green beans Pepperoni(S) CO2 Wert/Port.: 803g Energie pro Portion: 4084 kJ, 979 kcal 13,90 €	Asian sweet and sour vegetable ragout with soy potato Sesame (V) CO2 Wert/Port.: 310g Energie pro Portion: 1790 kJ, 427 kcal 13,90 €	Chicken breast in tempura batter with satay sauce on carrot and Chinese cabbage vegetables with basmati rice(G) CO2 Wert/Port.: 1029g Energie pro Portion: 2266 kJ, 542 kcal 13,90 €	CO2 Wert/Port.: 0g Energie pro Portion: 0 kcal 0,00 €
Mediterran	Bowl of the Day Coffee bar / Terrace CO2 Wert/Port.: 334g Energie pro Portion: 3479 kJ, 831 kcal 12,90 €	Bowl of the Day Coffee bar / Terrace CO2 Wert/Port.: 334g Energie pro Portion: 3479 kJ, 831 kcal 12,90 €	Bowl of the Day Coffee bar / Terrace CO2 Wert/Port.: 334g Energie pro Portion: 3479 kJ, 831 kcal 12,90 €	Bowl of the Day Coffee bar / Terrace CO2 Wert/Port.: 334g Energie pro Portion: 3479 kJ, 831 kcal 12,90 €	Bowl of the Day Coffee bar / Terrace CO2 Wert/Port.: 334g Energie pro Portion: 3479 kJ, 831 kcal 12,90 €
Around the world	Breaded pork escalope"vienna" style with French fries (S) CO2 Wert/Port.: 2337g Energie pro Portion: 3396 kJ, 810 kcal 14,90 €	Lahmacun with salad and yoghurt sauce (R) CO2 Wert/Port.: 446g Energie pro Portion: 1008 kJ, 240 kcal 14,90 €	Cevapcici, beef meat balls, with Ajvar, Djuvec rice and cabbage salad (R) CO2 Wert/Port.: 1553g Energie pro Portion: 2475 kJ, 591 kcal 12,90 €	"Fish and chips" with vinegar and mushy peas (F)  CO2 Wert/Port.: 951g Energie pro Portion: 4044 kJ, 967 kcal 14,90 €	Frikandel Fries Joppie Sauce(R) CO2 Wert/Port.: 1145g Energie pro Portion: 2672 kJ, 638 kcal 12,90 €
Dessert	Soy-based yoghurt alternative Fruit salad (VN) CO2 Wert/Port.: 124g Energie pro Portion: 386 kJ, 93 kcal 3,90 €	Pudding Brittle (VN) CO2 Wert/Port.: 84g Energie pro Portion: 1158 kJ, 275 kcal 3,90 €	Raspberry sauce (V) Almonds (VN) Buttermilk dessert flavoured with lemon CO2 Wert/Port.: 175g Energie pro Portion: 560 kJ, 134 kcal 3,90 €	Blackberries (VN) Smoothie base with soy milk (VN) CO2 Wert/Port.: 54g Energie pro Portion: 386 kJ, 92 kcal 3,90 €	Coconut couscous with pineapples (VN) CO2 Wert/Port.: 87g Energie pro Portion: 847 kJ, 203 kcal 3,90 €
Dessert	CO2 Wert/Port.: 0g Energie pro Portion: 0 kcal 0,00 €	CO2 Wert/Port.: 0g Energie pro Portion: 0 kcal 0,00 €	CO2 Wert/Port.: 0g Energie pro Portion: 0 kcal 0,00 €	CO2 Wert/Port.: 0g Energie pro Portion: 0 kcal 0,00 €	CO2 Wert/Port.: 0g Energie pro Portion: 0 kcal 0,00 €