



M.TOWER THE FOOD BASE

01.12.2025 - 07.12.2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	Corn soup pumpkin seeds parsley (VN)	Beetroot soup caraway seeds parsley (VN)	Sweet potato soup chilli coconut milk (VN)	Kale soup smoked tofu (VN)	Santa Claus menu Lamb's lettuce potato dressing bacon cubes (S)
	3,90 €7,90 €	3,90 €7,90 €	3,90 €7,90 €	3,00 €7,90 €	3,90 €7,90 €
Plant based	Three kinds of cabbage baked potatoes Roasted cashews ajvar (VN)	Gratinated chicory beetroot gnocchi Feta cheese alternative pumpernickel (VN)	Rainbow bowl rocket salad cucumber Pumpkin seeds black beans bulgur (VN)	Mediterranean barley pumpkin ratatouille Rocket salad pea pesto almonds (VN)	Santa Claus menu Potato and vegetable rösti Salad bouquet (V)
	9,00 €	9,00 €	9,00 €	9,00 €	9,00 €
Pan Asia	Fried rice vegetables chickenbreast Sesame seeds spring onions (G)	Okonomiyaki Japanese white cabbage pancake Bacon Black beans Cucumber Nori Korean BBQ sauce (S)	Seoul Advent Roasted pork belly kimchi stew Sticky rice peanut herb salad (S)	Yellow Thai curry Asian vegetables Chickenbreast Mung bean sprouts Jasmine rice (G)	
	13,90 €	13,90 €	14,90 €	13,90 €	
Around the world	Pork loin alla fiorentina Rosemary sauce zucchini vegetables Baked potatoes (S)	Meatloaf mashed potatoes Gravy Chives (R)	Chickenbreast two kinds of carrots Rösti pepper sauce (G)	Pastitsio Greek pasta bake beef (R)	Santa Claus menu Sauerbraten with red cabbage and potato dumplings (R)
	14,90 €	14,90 €	13,90 €	12,90 €	14,90 €
Dessert	Panna cotta pudding raspberry sauce brittle (V)	Soya yoghurt alternative agave syrup sweet almonds (VN)	Apple cream cinnamon grapes (VN)	Walnut mousse caramel sauce (V)	Santa Claus menu Roasted apple with mousse (V)
	3,90 €	3,90 €	3,90 €	3,90 €	3,90 €

All prices include the currently applicable V

For food labeling information, check our everyday app.