M.TOWER THE FOOD BASE

02.11.2026 - 08.11.2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	Cauliflower cream soup I Sunflower seeds (V)	Pumpkin cream soup (V)	Tomato soup | parsley (VN)	Creamy leek soup (V)	Mushroom soup (V)
	4,80 € **8,90 €**	**4,90 €** **8,90 €**	**4,90 €** **8,90 €**	**4,90 €** **8,90 €**	**4,90 €** **8,90 €**
Plant based	Pan-fried potato dumplings | Mushrooms | Autumn vegetables (VN)	From the oven | potatoes | Brussels sprouts | carrots | mushrooms | red onions | dip (VN)	Asian bowl | broccoli | edamame | cucumber salad | basmati rice | sesame ginger sauce (VN)	Creamy corn polenta | creamy bean | chanterelles | rocket (VN)	Curry lentils | fried aubergines | sweet potatoes (VN)
	9,50 €	**9,50 €**	**9,50 €**	**9,50 €**	**9,50 €**
Pan Asia	Yellow Thai curry | fried tofu | vegetables | jasmine rice (VN)	Chicken Tikka Masala Chicken breast | coconut milk | spinach leaves | basmati rice (G)	Chicken curry Pineapple I Basmati rice (G)	Fried mie noodles Vegetables I chickenbreast stripes (G)	Tip of the day
	14,90 €	**14,90 €**	**14,90 €**	**14,90 €**	**14,90 €**
Around the world	Chicken wrapped in bacon with goat's cheese | green beans | rosemary potatoes (G/S)	Pork roulade | Hunter's style | roast potatoes |Carrot dish(S)	Breaded chicken breast cutlet Gravy | Rosemary potatoes | Broccoli (G)	Braised venison goulash | Brussels sprouts | Bread dumplings (X	Cod fillet with fennel in curcuma sauce and mixed wild rice (F)
	15,90 €	**15,90 €**	**15,90 €**	**16,90 €**	**15,90 €**
Dessert	Vanilla quark | blackberries (V)	Chocolate cream | avocado | lime (VN)	Semolina pudding | cherry compote | almonds (VN)	Superfood fruit salad | turmeric | oatmeal | soy yogurt alternative | agave syrup (VN)	Buttermilk dessert with blueberries (V)
	4,90 €	**4,90 €**	**4,90 €**	**4,90 €**	**4,90 €**

All prices include the currently applicable V

For food labeling information, check our everyday app.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	(am)	(1)		(am)	(aw, uw, am)
Plant based	(aw, uw, go)		(1, 4, aw, uw, ap, ay, as)	(1, aw, uw, ay)	(1, 4, 5, aw, uw, ay, as)
Pan Asia	(1, 4, aw, uw, ap, ay)	(5)	(aw, uw, am)	(1, 2, 4, aw, uw, ae, ay)	(1, 2, 3, 7, aw, uw, gb, am)
Around the world	(1, 2, 3, am)	(1, 3, aw, uw, gb, au)	(1, aw, uw, gb)	(aw, uw, ae, am)	(1, aw, uw, af, am)
Dessert	(1, am)	(3, 8, ay)	(aw, uw, ay, an, sa)	(1, 3, aw, go, ay)	(am)