



M.TOWER THE FOOD BASE

26.10.2026 - 01.11.2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	Corn soup pumpkin seeds parsley (VN) 4,90 € 8,90 €	Cream of carrot soup (V) 4,90 € 8,90 €	Sweet potato soup chilli coconut milk (VN) 4,90 € 8,90 €	Vegan savoy soup (VN) 4,90 € 8,90 €	Beetroot soup caraway seeds parsley (VN) 4,90 € 8,90 €
Plant based	Three kinds of cabbage baked potatoes roasted cashews ajvar (VN) 9,50 €	Gratinated chicory beetroot gnocchi feta cheese alternative pumpernickel (VN) 9,50 €	Rainbow Bowl bulgur wheat beetroot pumpkin seeds black lentils radishes (VN) 9,50 €	Mediterranean barley pumpkin ratatouille rocket salad pea pesto almonds (VN) 9,50 €	Braised pointed cabbage quinoa mushrooms pepper dip 9,50 €
Pan Asia	Miso ramen udon noodles spinach mushrooms sesame (VN) 14,90 €	Nasi Goreng rice chicken vegetables (G) 14,90 €	Okonomiyaki Japanese white cabbage pancake pulled chicken cucumbers Korean BBQ sauce (S) 14,90 €	Yellow Thai curry Asian vegetables chicken mung bean sprouts jasmine rice (G) 14,90 €	
Around the world	Baked Burrito chicken peppers sweetcorn beans cheese vegetable rice salsa (G) 15,90 €	Butcher's meatballs bell pepper sauce potato and carrot purée mixed vegetables (S/R) 15,90 €	Breaded pork escalope paprika sauce French fries (S) 16,90 €	Kassel salmon creamy vegetables parsley potatoes (S) 15,90 €	Pollock fried potatoes mustard sauce cucumber salad (F) 15,90 €
Dessert	Walnut mousse 4,90 €	Soya yoghurt alternative agave syrup sweet almonds (VN) 4,90 €	Apple cream cinnamon grapes (VN) 4,90 €	Panna cotta pudding raspberry sauce brittle (V) 4,90 €	Buttermilk dessert with blueberries (V) 4,90 €

All prices include the currently applicable V

For food labeling information, check our everyday app.



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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	(1)	(am)	(5)	(1)	(1, bc)
Plant based	(1, an, sc)	(1, aw, uw, nr, ay)	(2, 3, 5, aw, uw, ay, au)	(aw, gb, an, sa)	(2, RM, ae, am)
Pan Asia	(1, 3, 4, 5, aw, uw, ay, as, au)	(1, 2, 4, aw, uw, ay)	(2, 3, 5, 6, aw, uw, ay, bm, as)	(1, 4, aw, uw, ay)	
Around the world	(1, 2, aw, uw, am, bm)	(1, aw, uw, gb, ae, ay, am)	(1, aw, uw, gb)	(1, 2, 3, 7, aw, uw, gb, bc, au)	(1, 2, 3, 8, aw, uw, af, bm)
Dessert	(aw, gb, am, an, sw)	(3, ay, an, sa)		(am, an, sh)	(am)