



M.TOWER THE FOOD BASE

31.08.2026 - 06.09.2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	Harira Moroccan soup lentils chickpeas rice vegetables (VN) 3,90 € 7,90 €	Corn soup black sesame chives (VN) 3,90 € 7,90 €	Wild mushroom cream soup (V) 3,90 € 7,90 €	Potato and leek soup marjoram parsley (VN) 3,90 € 7,90 €	French onion soup (R) 3,90 € 7,90 €
Plant based	Vegetable stir-fry potatoes carrots mushrooms red onions dip (VN) 9,00 €	Gratinated vegetables tomato sauce parsley pesto (VN) 9,00 €	Fennel-courgette and tomato au gratin served with Gnocchi (V) 9,00 €	NENI Hummus Baba Ganoush Makali Pita (VN) 9,00 €	Couscous aubergines tomatoes olive and caper tapenade (VN) 9,00 €
Pan Asia	Lime curry Turkey strips Himalayan rice (G) 15,90 €	 Carreedoebap chicken breast curry sauce veggies (G) 15,90 €	Japanese Tonkatsu Schnitzel Coleslaw Cucumber Salad Rice BBQ Soy Sauce (S) 15,90 €	Red Thai Curry Beef strips Vegetables Coconut milk Jasmine rice (R) 15,90 €	
Around the world	Pizza Mushrooms Red Onion Olives Salami Mozzarella 14,90 €	Mexican Bowl Black Beans Tomatoes Corn Quinoa Meatballs Jalapeno Mango Chili Dressing(R) 13,90 €	Cevapcici Ajvar Djuvecrice coleslaw (R) 14,90 €	Currywurst Pork French fries Fried onions (S) 13,90 €	Pasta Bell pepper medley Wild salmon cubes Lemon sauce Arugula (F) 15,90 €
Dessert	Buttermilk Panna Cotta Blueberry Grits 3,90 €	Fruit salad (VN) 3,90 €	Cheesecake cream blueberries biscuit crumble 3,90 €	Wild berry yoghurt blueberries (V) 3,90 €	Mirabelle plum quark raisins (V) 3,90 €

All prices include the currently applicable V

For food labeling information, check our everyday app.



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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup	(5, aw, uw, bc)	(1, as)	(aw, uw, am)		(3, au)
Plant based	(aw, go)	(3, aw, uw, an, sa)	(3, aw, uw, ae, am, au)	(2, 3, aw, uw, bm, as)	(3, 9, aw, uw, bc, bm, au)
Pan Asia	(8, ay)	(aw, uw, ay, am, as)	(1, 3, 4, 5, aw, uw, ae, ay, bm, as)		
Around the world	(2, 3, 9, aw, uw, am)	(3, 8, aw, uw, ae, ay, am, bc, bm)	(1, 3, 25, ae)	(3, 7, aw, uw, bm)	(aw, uw, af, am)
Dessert	(am)	(1)	(1, aw, uw, ae, am, an, sa)	(am)	(3, am)