



M.TOWER THE FOOD BASE

20.07.2026 - 26.07.2026

	Monday		Tuesday		Wednesday		Thursday		Friday
	Employee	Guest	Employee	Guest	Employee	Guest	Employee	Guest	Employee
Starter & Soup	Turkish lentil soup carrots potatoes parsley (VN)		Tomato bell pepper chili soup (VN)		Broccoli soup chives (VN)		Cauliflower soup sesame (VN)		
	3,90 €	7,90 €	3,90 €	7,90 €	3,90 €	7,90 €	3,90 €	7,90 €	
Plant based	Kasha buckwheat pan peas broccoli beans salad pumpkin seed vinaigrette (VN)		Summer vegetables BBQ potatoes ajvar chives (VN)		Ligurian pasta potatoes beans pesto (VN)		Spaetzle casserole carrots cauliflower parsley (VN)		
	9,00 €		9,00 €		9,00 €		9,00 €		
Pan Asia	Asia minced beef Thai curry vegetables basmati rice (R)		Red Chicken Curry Basmati Rice Sesame Mushrooms (G)		Chicken Curry Stir-Fry Pineapple Basmati Rice (G)		Bang Bang Cauliflower Bowl Sesame jasmine rice asian red cabbage salad mango peanut dip sriracha (G)		
	14,90 €		14,90 €		14,90 €		13,90 €		
Around the world	Harissa chicken drumsticks roasted courgette herb bulgur cucumber and mint dip (G)		Morocco-Croatia Cevapcici Ajvar yogurt Couscous coleslaw (G)		Currywurst French fries fried onions (S)		Japan - Germany Tonkatsu - Pork schnitzel two dips asian salad fries (S)		Barbecue Buffet
	15,90 €		14,90 €		15,90 €		14,90 €		19,50 €
Dessert	Semolina pudding blackberries (V)		Fruit salad (VN)		Cheesecake cream blueberries biscuit crumble (V)		Kiwi smoothie (VN)		
	3,90 €		3,90 €		3,90 €		3,90 €		

All prices include the currently applicable V

For food labeling information, check our everyday app.



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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter & Soup			(1)	(1, as)	
Plant based	(1, 5)		(1, 2, aw, uw, ay)	(1, aw, uw, am, bc)	
Pan Asia	(1, 4, aw, uw, ay)	(aw, uw)	(aw, uw, am)	(2, 3, aw, uw, ap, bm, as, au)	
Around the world	(3, aw, uw, ay)	(1, 3, 25, ae)	(2, 3, 7, aw, uw, am)	(1, 5, aw, uw, gb, ay, am, bc, bm, au)	(1, 9, aw, uw, nr, gb, ae, am, an, sa)
Dessert	(2)		(1, aw, uw, ae, am, an, sa)	(ay)	